

Registration Form

Name _____

Title _____

Agency _____

Phone _____ Email _____

	Early Registration (thru 11/1)	Late Registration (after 11/1)
Member	<input type="checkbox"/> \$40	<input type="checkbox"/> \$50
Non-Member	<input type="checkbox"/> \$50	<input type="checkbox"/> \$60
Just Lunch	<input type="checkbox"/> \$15	<input type="checkbox"/> \$15
CEUs	<input type="checkbox"/> \$20	<input type="checkbox"/> \$20

Register three people from your organization and get the fourth person for just \$10.

Total: _____

Payment Information

Check Visa/MC Discover AmEx

Credit Card # _____ Exp. Date _____

Name on Card _____ SEC _____

Billing Address _____

Mail application and payment to:
Missouri Park & Recreation Association
The Musco Lighting Building, 2018 William Street
Jefferson City, MO 65109-1186
Or email to info@mopark.org | 573.636.3828



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2019 MPRA

Mini-Conference

Hosted by Region 4

Thursday, November 14, 2019

**Webster Groves
Recreation Complex**
33 E. Glendale, Webster Groves, MO 63119

Tune up your engine with many educational opportunities at this mini-conference & get on the right track for 2020!

Thursday, November 14, 2019
Check-In 8:30 - 9:00 AM - Webster Groves Recreation Complex

Cheyenne North

Scout

Cheyenne South

9:00 - 10:05 AM

Landscaping for Missouri's Songbirds (.1 CEU)
Mitch Leachman, St. Louis Audubon Society

From food, to shelter and space to reproduce, trees, shrubs and perennial flowers are essential to our songbirds. This session will provide best practices on how to improve a recreational space for Missouri's birds as well as resources to assist in implementation. With simple steps, your park could support two, three or more times the birds it does now.

I Gave Them Feedback and They Still Haven't Changed
Presented by Zach Schaefer, CEO, Spark the Discussion

Have you given your employees feedback and aren't seeing results? Learn to identify and change your "mental mindset" when giving feedback. Discover the three types of feedback, and when to use each one. Receive a "Feedback Toolkit" with easy-to-use conversational tactics to make productive feedback an ongoing process.

What is Wellness Week? (.1 CEU)
Teresa Johnson, Sunset Hills Parks & Recreation

Feel like you need more wellness centered programming in your facility? Try a Wellness Week program! Learn how to create this program, including marketing, obtaining speakers and demonstrations, what will draw people to attend, and how to promote existing programs.

10:20 - 11:25 AM

Lessons Learned in Programming (.1 CEU)
Danielle Reecht, City of O'Fallon

It's easy to prepare for the expected conflicts that come up, but what about those that are unexpected? During this session you will hear about the presenters difficult summer and how she navigated through it. This session will also break off into groups to discuss issues that have come up within your own programs and we'll work together to come up with resources and solutions.

The Courageous Leader: Dare to Lead™
Presented by Justine Froelker

Understanding that it's armor - not fear - that is the greatest obstacle to daring leadership. Recognizing that vulnerability is the birthplace of many of the behaviors that define daring leadership including creativity, accountability, and difficult conversations. Recognizing that daring leadership requires showing up for hard conversations and rumbles, including giving and receiving feedback.

Working Together (.1 CEU)
Donn Emrick, City of St. Peters
Joshua Mandell, FGM Architects

Discover how the City of St. Peters has struck a balance between old and new ways of doing business while harmoniously satisfying two different types of users in a single facility. FGM and the city will walk you through how they imagined, arranged, and accommodated programming in the design of a new golf and banquet facility.

11:25 AM - 1:00 PM Lunch and Region Meeting

1:00 - 2:05 PM

Getting to That Get-To Mindset (.1 CEU)
Tracy Bianco, Brightside Training Solutions

In the juggling act we all perform every day, we often end up living on auto-pilot rather than intentionally creating the life we want to be living. Moving from a have-to mindset to a get-to mindset is a powerful shift that's well worth the effort it takes to get there! Tracy will help you realize the results you achieve are with your influence, focus your thoughts and feelings to improve your results, and learn how your mindset can impact your achievements.

2:25 - 3:30 PM

Pollinators and Your Community
Its Time to "Bee" with Nature (.1 CEU)
Douglas Wolter, St. Louis County Parks

Learn to attract pollinators, design a pollinator garden, and why St. Louis County Parks started a pollinator program. Recognize the pollinators in your neighborhood and your parks, learn to attract pollinators with a long season of annuals, perennials, shrubs, and trees that are beneficial for your pollinator landscape and you!

Social Media Trends, Tips & Tricks (.1 CEU)
Kara Roberson, Allison Bamberger, Tom Drabelle

Communications professionals from the cities of O'Fallon, University City, and Wentzville will conduct a panel discussion to evaluate various social media hot topics, including an overview of social media and the Sunshine Law, tips and tricks for social media managers, and social media video and marketing ideas.

Preparing for the 2020
Summer Trifecta (.1 CEU)
Crissy Withrow, Midwest Pool Management

The 2020 pool season will have an extra week between Memorial Day and Labor Day, a raise in minimum wage and a later school start date. We will discuss the impact this will have on budgets, staffing, and programming and work through option for cutting costs to help deflect some additional expenses..